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Oral sedation: a primer on anxiolysis for the adult patient.

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Donaldson M ; Gizzarelli G ; Chanpong B

Kalispell Regional Medical Center, Clinical Assistant Professor, School of Dentistry, Oregon Health & Sciences University, Portland, Oregon, USA. medworx@cyberport.net

The use of sedatives has established efficacy and safety for managing anxiety regarding dental treatment. This article will provide essential information regarding the pharmacology and therapeutic principles that govern the appropriate use of orally administered sedatives to provide mild sedation (anxiolysis). Dosages and protocols are intended for this purpose, not for providing moderate or deeper sedation levels.

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